

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/3	9/4	9/5	9/6	9/7	9/8	9/9
Breakfast						
Cereal Whole Fruit Apple-Cinnamon Oatmeal Sliced Ham	Cereal Whole Fruit Corned Beef Hash Fried Egg Rye Toast	Cereal Whole Fruit Crème Brulee French Toast Casserole Sausage Links	Cereal Whole Fruit Fresh Baked Muffin Canadian Bacon	Cereal Whole Fruit Scrambled Eggs Bacon Toast	Cereal Whole Fruit Biscuit Sandwich w/Sausage Patty, Fried Egg, and Cheese Potato Cubes	Cereal Whole Fruit Pancakes w/ Strawberry Sauce Bacon
Lunch						
Shredded Chicken Sandwich Homemade Chips Peaches Green Bean Salad	BBQ Shredded Pork Sandwich Potato Salad Baked Beans Apple Pie	Vegetable Beef & Barley Soup Breadstick Pears	Open Face Turkey Sandwich w/ Gravy Mashed Potatoes Green Beans S/F Pudding	Grilled Chicken Breast w/ Roasted Red Pepper Cream Prince Charles Blend Vegetables Wild Rice Pilaf Roll Fruit Cocktail	Fish & Chips (Fried Fish & Fries) California Veg Blend Tapioca Pudding	Coney Dogs on Bun Tater Tots Pasta Salad Jell-o
Dinner						
Slow Roasted Pork w/ Gravy Mashed Potatoes Stewed Tomatoes Cornbread Cake	Chicken Taco Salad w/ Cheddar & Southwest Ranch Cilantro-Lime Rice Black Bean-Corn Salsa Corn Chips Churro	Herb Roasted Chicken Roasted Root Vegetables Au Gratin Potatoes Dinner Roll Jell-O Cake	Smoked Sausage on a Bun w/ Sauerkraut Potato Patty Sautéed Spinach Fresh Baked Pie	Cheeseburger Chowder Side Salad Breadstick German Chocolate Sheet Cake	Cheese Manicotti w/ Meat Sauce Breadstick Caesar Salad Cheesecake w/ Fruit Sauce	Smothered Pork Chop (Mushrooms, Onion, & Mozzarella) Zucchini & Squash Mac & Cheese Cheddar Biscuit Banana Pudding w/ Wafers
Cold Salad of the Day						
Orzo Salad	Green Bean Salad	Pasta Salad	Beet & Barley Salad	Potato Salad	Macaroni Salad	Black Bean & Corn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/10	9/11	9/12	9/13	9/14	9/15	9/16
Breakfast						
Cereal Whole Fruit Biscuit & Gravy Fried Eggs	Cereal Whole Fruit Fresh Baked Cinnamon Roll w/ Icing Sausage Links	Cereal Whole Fruit Scrambled Eggs Bacon Raisin Toast	Cereal Whole Fruit Waffles w/ Baked Apples & Whipped Cream	Cereal Whole Fruit Western Scramble (Ham, Onions, Peppers, & Cheese) Toast	Cereal Whole Fruit Apple French Toast Casserole Bacon	Cereal Whole Fruit Yogurt w/ Granola & Mixed Berries Breakfast Bread
Lunch						
Homemade Chicken Noodle Soup Side Salad Breadstick Pineapple	Grilled Cheeseburger Curly Fries Corn Mandarin Oranges	Turkey A La King Served over a Biscuit Mashed Potatoes Broccoli Fruited Jell-O	Franks & Beans Coleslaw Cornbread Watermelon	Breaded Chicken w/ Gravy Mac & Cheese Peas & Carrots Creamy Grape Salad	Ham Loaf Sandwich Homemade Chips Broccoli Salad Fresh Fruit Salad	Turkey Swiss Burger w/ Bacon & Avocado Tomato Cucumber Salad Butterscotch Pudding
Dinner						
Salisbury Steak Mash Potatoes Normandy Veg Blend Roll Cupcakes	Seared Salmon w/ Lemon Cream Rice Pilaf Asparagus Pumpnickel Bread Warm Cherry Crisp	Country Fried Steak w/ Gravy Scalloped Potatoes Hominy Corn Muffin Strawberry Cream Cake	Pepperoni Pizza Pasta Salad Garlic Bread Mini Oreo Cheesecake	Philly Cheesesteak French Fries 3 Bean Salad Fresh Baked Pie	Tuna Noodle Casserole Cauliflower Dinner Roll Brownie	Creamy Chicken & Spinach Lasagna Side Salad Breadstick Lemon Bar
Cold Salad of the Day						
Pasta Salad	Waldorf Salad	Macaroni Salad	Potato Salad	Coleslaw	Pasta Salad	Broccoli Salad

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/17	9/18	9/19	9/20	9/21	9/22	9/23
Breakfast						
Cereal Whole Fruit Cheesy Scrambled Eggs Sausage Patty Cinnamon Toast	Cereal Whole Fruit French Toast Sliced Ham	Cereal Whole Fruit Banana Nut Oatmeal Scrambled Eggs	Cereal Whole Fruit Fried Egg Bacon English Muffin	Cereal Whole Fruit Fresh Baked Muffin Sausage Links	Cereal Whole Fruit Fried Egg Potato O'Brien Toast	Cereal Whole Fruit Biscuit Sandwich w/ Canadian Bacon, Egg, & Cheese
Lunch						
Italian Sausage w/ Peppers & Onions Served on a Bun Potato Salad Fresh Baked Cookie	Chili Coleslaw Cheddar Biscuit Chunky Applesauce	Fried Bologna Sandwich w/ Caramelized Onions & Cheese Tater Tots Corn Salad S/F Choc Pudding	Breaded Chicken Peas Rice Pilaf Fresh Cut Fruit	BLT Curly Fries Green Bean Salad Peaches	Boneless Chicken Wings Raw Carrots & Celery Potato Salad Garlic Bread Strawberry Yogurt	BBQ Rib Sandwich on a Hoagie Pickled Beets Caesar Pasta Salad Fresh Orange & Grapefruit Segments
Dinner						
BBQ Ribs Collard Greens Mac & Cheese Cornbread Watermelon	Chicken & Dumpling Lima Beans Dinner Roll Frozen Yogurt w/ Fresh Strawberries	Pancakes w/ Fruit Sauce Bacon/Sausage Home Fries Tropical Fruit Salad	Beef & Noodles Au Gratin Potatoes Broccoli & Cauliflower Roll Chocolate Cake	Chicken Tortilla Soup Frito Chips Tomato-Corn Salad Breadstick Cinnamon Chocolate Brownie	Lemon & Herb Roasted Trout w/ Brown Butter Sweet Potato Hash Roasted Zucchini & Squash Dinner Roll Rice Pudding w/ Animal Crackers	Roasted Turkey w/ Gravy Mashed Potatoes Stuffing Green Bean Casserole Cornbread Pumpkin Pie w/ Whipped Topping
Cold Salad of the Day						
Tomato/Cucumber Salad	Potato Salad	Coleslaw	Corn Salad	Waldorf Salad	Green Bean Salad	Tomato/ Corn Salad

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/24	9/25	9/26	9/27	9/28	9/29	9/30
Breakfast						
Cereal Whole Fruit Chocolate Chip Pancakes Bacon	Cereal Whole Fruit Cinnamon Raisin French Toast Casserole Sausage Links	Cereal Whole Fruit Scrambled Eggs Sliced Potatoes Toast	Cereal Whole Fruit Yogurt, Granola, & Peaches Breakfast Bread	Cereal Whole Fruit Sausage & Cheese Scramble Toast	Cereal Whole Fruit Biscuit & Gravy Fried Egg	Cereal Whole Fruit Potato Cubes w/ Egg, Cheddar Cheese, & Salsa
Lunch						
Egg Salad on Wheat Pea Salad Tropical Fruit Salad	Ham & Swiss Sandwich Homemade Chips Macaroni Salad Fresh Cut Fruit	Split Pea & Ham Soup w/ Crackers Side Salad Dinner Roll Tapioca Pudding	Popcorn Shrimp w/ Cocktail Sauce Steamed Carrots Cornbread Fruit Cocktail	Grilled Hotdog on Bun Mac & Cheese Coleslaw Strawberry Kiwi Salad	BBQ Chicken w/ BBQ Bread Baked Beans Pasta Salad Fresh Melon	Sloppy Joe Sandwich Fried Mushrooms Cornbread Diced Mango
Dinner						
Spaghetti w/ Meat Sauce Side Salad Breadstick Strawberry Cannoli Tart	Grilled Chicken Baked Sweet Potato Broccoli & Cheese Angel Food Cake w/ Mixed Berries	Polish Sausage w/ Sauerkraut Mash Potatoes Breadstick Mini Apple Strudel	Chicken Tetrazzini Roasted Root Veg Garlic Bread Strawberry Cream Cake	Prime Rib Baked Potato Cream Spinach Dinner Roll Fresh Baked Pie	Bacon Corn Chowder Grilled Cheese Sandwich Caesar Salad Cupcake	Beef Stroganoff Over Egg Noodles Mixed Vegetables Dinner Roll Orange Cream Cake
Cold Salad of the Day						
Caesar Pasta Salad	Pea Salad	Potato Salad	Macaroni Salad	Waldorf Salad	Coleslaw	Pasta Salad