

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/2	9/3	9/4	9/5	9/6	9/7	9/8
Breakfast						
Cereal Whole Fruit Scrambled Eggs Raisin Toast Cubed Potatoes	Cereal Whole Fruit French Toast w/ Apples Sausage Links	Cereal Whole Fruit Fruit & Yogurt Smoothie Coffee Cake	Cereal Whole Fruit Individual Bacon Cheddar Biscuit Quiche	Cereal Whole Fruit Fried Egg Ham Toast	Cereal Whole Fruit Pancake Sausage Bites Sliced Home Fries	Cereal Whole Fruit Cheesy Scrambled Eggs Canadian Bacon Cinnamon Toast
Lunch						
Homemade Cream of Mushroom Breadstick Cucumber Tomato Salad Brownie	Mini Franks on Mini Buns Baked Beans Macaroni & Cheese Watermelon	Cincinnati Chili over Spaghetti w/ Cheddar Side Salad Garlic Bread Tapioca Pudding w/ Animal Crackers	Chicken Parmesan Sandwich Mediterranean Vegetable Salad Mandarin Oranges	Grilled Pork Chops 3 Bean Salad Garlic Rice Cinnamon Honey Apples	Salisbury Steak Hoogie Roasted Cauliflower Jell-O w/ Peaches	Italian Sausage on a Bun w/ Peppers & Onions Pasta Salad Asparagus Tomato Salad Pineapple & Blueberries
Dinner						
BBQ Ribs Corn on the Cob Macaroni Salad Corn Bread Muffin Pound Cake w/ Strawberries	Sheppard's Pie Green Beans w/ Sautéed Mushrooms Onion Roll Jell-O Cake	Biscuit & Gravy Fried Egg Potato Patty Fresh Cut Fruit	Beef Lasagna California Blend Vegetables Chocolate Cake w/ Mixed Berries	Fried Perch w/ Tarter Sauce Hush Puppies Coleslaw Roll Frozen Yogurt w/ Fresh Mango	Ham & Bean Soup w/ Crackers Side Salad Breadstick Mint Chocolate Crumble Bar	Oven Fried Chicken Redskin Mash Broccoli & Cheese Biscuit Fresh Pie
Cold Salad of the Day						
Coleslaw	Cucumber Tomato Salad	Macaroni Salad	Mediterranean Vegetable Salad	Waldorf Salad	3 Bean Salad	Potato Salad

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/9	9/10	9/11	9/12	9/13	9/14	9/15
Breakfast						
Cereal Whole Fruit Fried Egg, Canadian Bacon, & Cheese on English Muffin	Cereal Whole Fruit Cherry French Toast Casserole Bacon	Cereal Whole Fruit Scramble Eggs Sausage Patty Bagel	Cereal Whole Fruit Waffle w/ Strawberries & Whipped Cream	Cereal Whole Fruit Hard Boiled Egg Rye Toast Potato Patty	Cereal Whole Fruit Pancakes w/ Peaches	Cereal Whole Fruit Corn Beef Hash Fried Egg Toast
Lunch						
Grilled Cheese & Ham Macaroni & Stewed Tomatoes Peas Fresh Baked Cookie	Chicken Caesar Salad on Lettuce Poppy Bread Fresh Cut Fruit	Chili w/ scallions, sour cream, & cheese Cornbread French Fries S/F Pudding w/ Chocolate Chips	Chicken Brat on Poppy Seed Bun Macaroni & Cheese Caprese Salad Applesauce	Open-Face Meatloaf on Texas Bread w/ Gravy Pasta Salad Brussel Sprouts Lemon Pudding w/ Blueberries	Mini Corn Dogs Baked Beans Loaded Potato Salad Jell-O	BBQ Pork Sandwich w/ Apple Slaw on Beer Bun Macaroni Salad Apple, Cherry, & Blueberry Blend
Dinner						
Stuffed Bell Peppers Cucumber Salad Slice Bread Frosted Cake	Kalua Pork Hawaiian Rice Sweet & Sour Slaw Hawaiian Roll Coconut Cream Pie	Ham Steak Butternut Squash European Blend Vegetables Pretzel Roll Cheesecake w/ Berries	Pizza Casserole Breadstick Side Salad Marshmallow Brownie	Corned Beef & Cabbage Potato Roll Roasted Redskin Potatoes Vanilla Pudding Cake	Philly Sandwich w/ Peppers, Onions, & Provolone on a Hoagie 3 Bean Salad Homemade Chips Tropical Fruit	Herb Roasted Chicken Breast Mash Potatoes Carrots Dinner Roll Black Forest Cake
Cold Salad of the Day						
Asparagus Tomato Salad	Cucumber Salad	Sweet & Sour Slaw	Cole Slaw	Green Bean Salad	Pasta Salad	3 Bean Salad

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/16	9/17	9/18	9/19	9/20	9/21	9/22
Breakfast						
Cereal Whole Fruit Scrambled eggs Cinnamon Toast Potato Patty	Cereal Whole Fruit Carmel Apple French Toast Casserole Bacon	Cereal Whole Fruit Baked Scone Sausage Links	Cereal Whole Fruit Western Scramble Home Fries Toast	Cereal Whole Fruit Fried Egg Ham Texas Toast	Cereal Whole Fruit Biscuit & Sausage Gravy	Cereal Whole Fruit Pancakes w/ Mixed Berries
Lunch						
Chipped Beef & Country Gravy On Texas Bread Mashed Potatoes Sweet Corn Mandarin Oranges	Pork, Black Bean, & Corn Chili 3 Bean Salad Cheddar Corn Bread Peaches	Tuna Salad on Wheat Pickle Fries Green Bean Salad Tropical Fruit w/ Ginger Snap Cookies	Fried Bologna Sandwich w/ Onions and Cheese Pickled Beets Fresh Cut Fruit	Mushroom & Swiss Burger Baked Beans Fried Potato Wedges Watermelon	Cold Roast Beef & Cheese On Sourdough Horseradish Mayo on the side Marinated Mushrooms Coleslaw Strawberries & Pineapple w/ Whipped Cream	Chicken Nuggets Warm Spiced Apples Broccoli w/ cheese Cornbread Brownie
Dinner						
Buttered Pasta w/ Marinara Breadstick Tomato Mozzarella Salad Strawberry Cannoli Tart	Grilled Chicken w/ Lemon Butter Rice Pilaf Steamed Asparagus Sweet Roll Jell-O Cake	Tator Tot Casserole Cauliflower Side Salad Pretzel Roll Oreo Blondie Bar	Cheese Pizza Caesar Salad Popsicles	Loaded Potato Soup w/ Crackers Ham & Swiss Slider Cucumber Salad Devil's Food Cake	Smoked Sausage w/ Sauerkraut Fried Cauliflower Pasta Salad Bread stick Apple Cobbler	Salisbury Steak Mac & Cheese Stewed Tomato Dinner Roll Fresh Baked Pie
Cold Salad of the Day						
Potato Salad	Tomato Mozzarella Salad	3 Bean Salad	Green Bean Salad	Pasta Salad	Pickled Beets	Cole Slaw

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/23	9/24	9/25	9/26	9/27	9/28	9/29
Breakfast						
Cereal Whole Fruit Scrambled Eggs Croissant Sausage Patty	Cereal Whole Fruit Coffee Cake Bacon	Cereal Whole Fruit Waffles w/ Fresh Blueberries Sausage Links	Cereal Whole Fruit Fried Egg Raisin Bread Toast	Cereal Whole Fruit Scrambled Eggs Ham English Muffin	Cereal Whole Fruit Cinnamon Roll Turkey Sausage	Cereal Whole Fruit Egg, Cheese, & Ham Biscuit Sandwich
Lunch						
Egg Salad on Wheat Pea Salad House Made Chips Vanilla Yogurt w/ Fresh Berries	Shredded Chicken Sandwich Potato Salad Fresh Pineapple	Sloppy Joe Sandwich Baked Potato Skins w/ Cheese Cauliflower Bacon Salad Strawberry Banana Smoothie	Breaded Chicken w/ Chicken Gravy Butter Beans Carrots Dinner Roll Chocolate Pudding	Cheese Quesadilla w/ Salsa & Sour Cream Black Bean & Corn Salad Tortilla Chips Vanilla Cinnamon Pudding	Choice of Corn Chowdar or Crab & Corn Chowder Both w/ Crackers Tomato Cucumber Salad Breadstick Mini Oreo Cheesecake	BBQ Rib on a Hoagie Macaroni Salad Sweet & Sour Coleslaw Watermelon
Dinner						
Breaded Pork Chop w/ Dijon Sauce Zucchini Casserole Stuffing BBQ Bread Carrot Cake	Stuffed Pepper Soup w/ Crackers Cucumber Radish Salad Breadstick Peach Crisp	Polish Casserole Braised Red Cabbage Potato Roll Raspberry Strudel	Stuffed Pasta Shells w/ Marinara Garlic Bread Side Salad Tiramisu w/ Sweet Cherries	Beef Tenderloin Sautéed Spinach Baked Potato Dinner Roll Cake w/ Peaches	French Toast w/ Mixed Berries Bacon Potato Patty Pistachio Fluff w/ Graham Crackers	Meatloaf w/ Gravy Mashed Potatoes Green Beans Dinner Roll Frozen Yogurt w/ Fresh Strawberries
Cold Salad of the Day						
Pasta Salad	Pea Salad	Cucumber Radish Salad	Potato Salad	Cauliflower Bacon Salad	Black Bean & Corn Salad	Tomato Cucumber Salad