

A PUBLICATION BROUGHT TO YOU BY MEMORIAL HEALTH

# wellaware

WINTER 2023

LEARNING  
THE ABC'S OF  
**SAFE  
INFANT  
SLEEP**

ASK A DOCTOR ABOUT  
**DEMENTIA**

ONE TEAM, MANY SOLUTIONS FOR YOUR  
**EARS, NOSE & THROAT**



**Memorial** HEALTH

# SENDING LOVE & SUPPORT. WARMTH & HUGS.

Encouragement of our patients at Memorial can be found in many forms, but perhaps two of the most beautiful and colorful come directly from members of our community.



## *Stitch by stitch – made with love!*

When Covid stay-at-home orders first came about, 17-year-old Chloe Ballard jumped on YouTube and TikTok to look for something new and fun to learn. She quickly mastered crocheting and began crafting up some cute critters.

Her mother, Stephanie, a nurse on the Memorial Surgery team, loved seeing the reactions to her creations. Inspiration took over and she suggested Chloe make some to donate. Chloe loved the idea and together, they knew just what to do! This energetic teenager's new skill is now putting a smile on the faces of pediatric patients at Memorial.

Chloe crafts different sized animals for our smallest patients as they enter into a surgical procedure. Each pediatric patient is able to choose their favorite friend and keep them by their side for moral support.

Chloe's creations can take anywhere from 30 minutes to seven hours and in total she has crocheted over 100 animals – ranging from bees and octopuses, to cats, cows, and ducks. Each one created and stitched with well wishes.



## *Quilting for a cause!*

For Kathy and Dave Klug, their hobbies have always been fueled by beauty and precision. Kathy first began quilting when she was 17 years old. Over 50 years and countless quilts later, Kathy still enjoys pairing her love of math with her creativity to design beautiful works of art.

Her husband, Dave, who spent years perfecting his love of woodworking, has now joined in and together they are quilting for a great cause – lap quilts for the patients of our Cancer Center who are battling one of life's toughest fights.



Together, they spend at least an hour a day in their sewing room refining their chosen styles of quilting – Dave with his long-arm quilting machine and Kathy with her traditional sewing machine. Their gorgeous works of art are displayed at Journeys, the Memorial Gift Shop dedicated to our cancer patients. Each patient going through oncology treatments is able to select their own complimentary handcrafted quilt – created with love and encouragement.

***Thank you, Chloe, Kathy, and Dave, for being an inspiration to all of us!***



# wellaware Winter 2023

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Memorial Health has announced plans for a 40,000-square-foot, two-story, \$25.5-million medical office building to be named the Memorial Jerome Medical Center. The facility, near the intersection of Routes 42 and 33, will meet patient needs of the developing Jerome area.

The state-of-the-art facility will be a long-time asset for the community, providing increased access to local, patient-focused healthcare, and utilizing the latest technology and best practices. Patients will have easy access to coordinated services in one convenient location, including primary/specialty care, occupational medicine, complementary services, and an urgent care. Groundbreaking will occur after the approvals of a new intersection at Route 42.

### On the Cover >>

Memorial is your home for comprehensive ENT & Audiology Services. Hearing is so vital to our quality and enjoyment of life.

And, our Memorial Ear, Nose & Throat practice combines the medical expertise of our ENT providers with the diagnostic skills of our audiologist to provide the most comprehensive care possible.

Our mission is to promote wellness and improve the health of people in our community.



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# Comprehensive ENT & Audiology Services



Benjamin Bush, MD

Hearing is so vital to our quality and enjoyment of life. Our Memorial Ear, Nose & Throat practice combines the medical expertise of our ENT providers with the diagnostic skills of our audiologist to provide the most comprehensive care possible.



Eryn Staats, AuD

Memorial is pleased to expand our ENT services with the addition of a new otology and neurotology physician assistant, Karen Smith, PA-C. Karen works with patients suffering from hearing loss (conductive, sensorineural, and sudden); vertigo, imbalance, and inner ear disorders; tinnitus; in addition to acute/chronic ear disease. She will assist with cerumen, or ear wax, removal as well.



Karen Smith, PA-C

Karen has been working with ENT and audiology patients for nearly 25 years. She first began during her active and National Guard duties in the US Air Force, where she performed audiograms for our noise-exposed troops. She has her Master of Physician Assistant Studies, with an emphasis in Neurotology and her Bachelor of Science in Physician Assistant Studies from the University of Nebraska.

**To find out more about our services or to schedule an appointment, please contact Memorial Ear, Nose & Throat at (937) 578-4300.**

## **Memorial** EAR, NOSE & THROAT

Memorial Gateway Medical Center,  
140 Coleman's Crossing, Suite 200, Marysville

Memorial Urbana Medical Center,  
1958 E US Hwy 36, Urbana



## HEARING AIDS 101

As consumers, it can be exciting when healthcare items transition from prescription to over-the-counter (OTC) access. We tend to feel more in control of our care. And, in many cases, it allows us to purchase, use, and see the benefits on a daily basis.

In late 2022, the U.S. Food and Drug Administration (FDA) finalized a ruling allowing OTC hearing aids to be obtained without a medical exam, prescription, or professional fitting. This can be great news for adults with mild to moderate hearing loss or those who suffer from tinnitus, particularly those without access to a nearby audiologist.

However, these OTC hearing aids are no substitute for regular exams or hearing tests from an audiologist or hearing health professional, or for adults with more than mild/moderate hearing loss.

Our Doctor of Audiology, [Eryn Staats](#), has worked as a clinical audiologist for nearly 20 years, providing comprehensive diagnostic services for patients for a variety of hearing healthcare services. She shares a Five-Step Checklist for those with hearing loss, as they consider a hearing aid option.



## STEP 1 SCHEDULE A BASELINE HEARING TEST

First and foremost, Eryn points out that hearing loss can occur at any age, so there is not a set age to start screening. Hearing loss can emerge from heredity issues or noise exposure, as well as from aging factors, so it is always recommended to have a baseline hearing test. This will allow your audiologist to determine the level of hearing loss you are experiencing or diagnose any hearing conditions.

She continues, “While we cannot predict hearing loss, we are able to see trends, so having the initial hearing test to compare to is a great way to monitor your overall hearing.”

## STEP 2 DISCUSS YOUR HEARING HEALTH EVALUATION

After your hearing test and evaluation, discuss your options with your audiologist or hearing care specialist. If hearing loss has been determined, next steps can range from OTC hearing aids to custom-programmed hearing aids. Eryn adds, “As your audiologist, my goal is to ensure your hearing improves for you and your lifestyle. We want to help you enjoy all that life has to offer! If that includes an OTC hearing aid, I will be honest with you and help guide you.”

If custom hearing aids are recommended, your audiologist can help you understand the realistic expectations of these options, as well as details on each hearing aid and its style, technology, features, and more.

## STEP 3 UNDERSTANDING THE DIFFERENCES BETWEEN CUSTOM AND OTC

OTC hearing aids are self-fitting, meaning the user will select how they are fitted without the helpful expertise or support of a professional.

Conversely, custom hearing aids are precisely programmed to your exact hearing loss. The audiologist will also verify that the fit is ideal and the settings match your hearing needs.

While the convenience of OTC hearing aids is a plus, it does raise some concerns for hearing specialists. Hearing loss could be caused by an underlying medical problem – which may not be diagnosed if the OTC route is chosen. Unfortunately, this may affect or damage hearing long-term – an issue that could be avoided with proper evaluations.



## STEP 4 THINK ABOUT POST-PURCHASE SERVICES

When deciding between OTC and custom-programmed hearing aids, do consider what will happen down the road with your purchase. Think about when your hearing aid requires maintenance, adjustment, or cleaning.

Audiology specialists can provide the support to examine your ears, check your hearing, and adjust the fit and programming of your device, in addition to providing regular device cleanings and maintenance. At Memorial Ear, Nose & Throat, these services are all covered for the duration of the device’s warranty.

## STEP 5 CONSIDER YOUR WHOLE HEARING HEALTH CARE

Working with an ENT and Audiology team of specialists allows them to monitor, evaluate, and treat all of your hearing needs – from wax removal to tinnitus to dizziness and balance disorders.

Hearing loss can be confusing. And frustrating. But having an expert medical team to walk you through the process of prevention, detection, assessment, and treatment can ease you in, step-by-step, with realistic expectations. [To learn more, call Memorial Ear, Nose & Throat at \(937\) 578-4300.](tel:(937)578-4300)

# Ask a Doc

For over 10 years, Dr. Linda Staley has worked as a neurologist, providing comprehensive diagnosis, treatment, and management of diseases of the brain, spinal cord, and nerves for adults. Her goal is to help her patients understand the diagnostics behind their conditions, as well as facilitate discussions with them on how lifestyle choices can affect the intensity of symptoms.

Dr. Staley's areas of focus include:

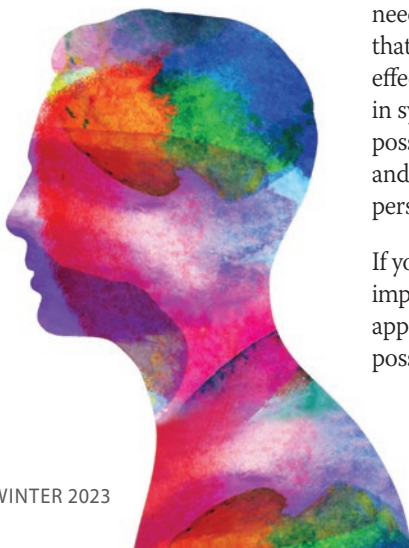
- *Dementia/Alzheimer's disease*
- *Parkinson's disease*
- *Recurring headaches*
- *Concussions*
- *Epilepsy*
- *Multiple sclerosis*
- *Neuropathy*
- *Strokes*
- *Botox injection services for migraine sufferers*

## ✓ Types of Dementia

- Alzheimer's disease
- Vascular dementia
- Lewy body dementia
- Mixed dementia
- Frontotemporal dementia
- LATE-NC dementia

## ? Did you know?

There is a link between hearing loss and dementia. A study by John Hopkins Medicine found that untreated hearing loss can be linked to early signs of dementia. Our experts can help – learn more about hearing loss and hearing aid selection with our Five-Step Checklist on pages 4-5.



**Q** What is the difference between Alzheimer's disease and dementia? Are they both diagnosed and treated the same?

**A:** Dr. Staley – This is probably the most common question we are asked when we see a patient for a cognitive assessment.

Dementia is not one specific disease. Rather, it is an umbrella term for a set of symptoms caused by physical disorders affecting cognitive (thinking) impairment.

### The symptoms of dementia include:

- Memory loss, both short-term and long-term,
- Difficulties with thinking, problem-solving, or language that are severe enough to reduce a person's ability to perform everyday activities, and
- Changes in mood or behavior.

Alzheimer's disease is a specific kind of dementia, accounting for 60 to 80% of all diagnoses. The symptoms for Alzheimer's disease mostly overlap with other types of dementia, but there can be some differences.

Additionally, there are other kinds of dementia, too, and each of these have their own set of criteria that need to be met to make a diagnosis. A treatment that works for one type of dementia may not be effective for another type, because of the differences in symptoms, affected areas of the brain, and possible causes. Our team evaluates each patient and their symptoms and provides a treatment plan personalized for them.

If you have been diagnosed with dementia, it's important to live a brain-healthy lifestyle and take appropriate treatments so you can live as well as possible.



**Q** If I have memory loss, does this mean I am getting dementia?

**A: Dr. Staley** – Patients are often very concerned that their memory loss means they have dementia. But, there's more to dementia than memory challenges.

If you are experiencing difficulties with your memory, it may not be a sign of dementia. Instead, you may be experiencing memory loss as a part of normal aging. But when patients are concerned, we always look at a patient as a whole person, which means we look at factors that can contribute to cognitive impairment that may not be related to dementia at all. These can include things such as nutrition, sleep, mental health, chronic pain, and others. We can find strategies that can help, and might even reverse, memory loss associated with these factors. Our overall goal would be to protect your brain and improve your memory.

**Q** What can I do to make my brain healthy and keep dementia away?

**A: Dr. Staley** – While we cannot modify every risk factor, such as age and genetics, we should feel empowered to take control of our brain health!

**This means reducing risk for dementia by:**

- exercising and challenging our brains
- staying physically active and exercising our bodies
- getting enough rest
- following a healthy diet
- staying socially connected and building on relationships
- avoiding tobacco and other vascular risk factors
- managing our overall mental health

A diagnosis of dementia requires a comprehensive assessment that rules out other possibilities. Patient appointments for dementia or other neurological conditions can be made by calling (937) 578-2020.

Memorial Neurology  
500 London Avenue, Marysville  
Memorial Outpatient Pavilion  
Entrance E



*The "Ask a Doc" section should not replace medical advice specific to you and your unique medical history. If you have a pressing matter you would like addressed, please consult your primary care physician.*

# Bev's Story of Hope



You can simply look at Beverly (Bev) Bolin's warm smile and kind eyes and know you have found a new friend. A friend that is going to champion for the women in her life and her community to get their annual mammogram. Because she knows, it saved her life.

Busy with her daily responsibilities at work, Bev almost skipped getting her mammogram – but she knew of its importance, since her mother had fought breast cancer years before. So she refocused herself

and went. And that Friday afternoon mammogram appointment turned into another mammogram and an ultrasound, a biopsy, and the diagnosis: you have breast cancer.

“Wow, this is real.” Bev said her reaction was one of shock and disbelief.

But never fear.

As a patient of Memorial Primary Care | Urbana, her provider, Rochelle Clark-Pulfer, PA-C, referred her next to Dr. Katherine Kelly at Memorial General & Colorectal Surgery. And here is where her cancer fighting team began to form.



# By Your Side, Every Step of Your Cancer Journey

In our patients' fight with cancer, their strength comes from a multitude of places – their deep resolve and hope, their family and support system, their faith. And that tenacity gets doubled, even tripled up, with the expertise and drive of the cancer fighters from Memorial.

## 27%

During the last year, chemotherapy treatments at the Memorial Cancer Center grew by 27%, an indicator of the level of trust placed in our infusion teams to deliver compassionate, effective care.

## 500+

As a member of The James Cancer Network, our Memorial Oncology & Hematology team can access hundreds of open clinical trials at any given time, with some of the world's latest discoveries available to clinical trial patients.

## A-Z

Memorial offers broad, state-of-the-art, and compassionate cancer services to the region – from primary care providers focused on prevention to our surgical team at Memorial General & Colorectal Surgery who can provide cancer consultations, biopsies, and colonoscopies, not to mention complete breast cancer care. Add to that, our oncology and hematology team works hand-in-hand with the experts at the OSUCCC – James for an “all-in” approach for those who are confronting some of the most challenging times.

“Dr. Kelly was a Godsend to me! She calmly discussed all the options with my husband, Keith, and me. Just her gentle tone and her determined manner gave me peace,” shares Bev. “She even called me the day prior to my surgery to check to see if I had any follow-up questions or last-minute concerns. But I felt completely comfortable with my decision. I was ready.” Next steps included a double mastectomy and chemotherapy regimen.

“Going through this, I never had a day I wanted to give up or didn't have hope. My family, my support system was there and there was never a question I wasn't going to fight this.” And then, she met her team at Memorial Oncology & Hematology.

Bev admits, “I began my chemo at another facility but wasn't really happy. I felt like a number – I didn't feel the energy I wanted to feel for the long chemo process. So Dr. Kelly helped me transition to Memorial. And all of a sudden, I felt that energy I was looking for.”

Bev's expert oncology team led by Dr. Robert Rupert and Jenna Hoffman, CNP, helped get her treatment journey underway.

“And Memorial has these nurses – there are not enough words to describe them. They are nurturing, loving, and kind. They would sit with my husband and me during my infusions – I completely looked forward to coming in to see everyone! Along with Dr. Rupert and Jenna, they were helping me through this disease – this fight! And I KNEW I had a team on my side!”

“To go through cancer, and be scared, and not know what every other day would bring, it could have been overwhelming. But to get the level of care and compassion I received at Memorial was wonderful – it truly got me through my journey. I can't even say enough.”



Bev's son, Aaron Roberds, was so moved by the care delivered to his mom during her cancer journey (and an unexpected inpatient stay); he felt a calling to be a part of Memorial's mission. A trauma RN by trade, Aaron is now a dedicated team member of our Emergency Department.



*Scan the code to hear more about Bev's experience and how her loved ones and her team at Memorial stood alongside her. And remind the women in your life to be like Bev – focus on early prevention and get your annual mammograms!*

# The **ABC's** of Safe Sleep for Infants



**We are on a mission – a mission to share safe sleep tips for the precious infants in our lives.**

You see, Memorial has been officially recognized by the National Safe Sleep Hospital Certification Program as a Silver Certified Hospital, with a goal to be Gold Certified in 2023.



Created by Cribs for Kids®, a national infant safe sleep organization, this program awards recognition to hospitals that demonstrate a commitment to reducing infant, sleep-related deaths by promoting and educating on best safe sleep practices recommended by the American Academy of Pediatrics (AAP).

Sudden unexpected infant death (SUID, formerly known as SIDS) is a term used to describe the sudden and unforeseen death of a baby younger than one year old when the cause is not specifically known. These deaths often happen while the baby is sleeping, and investigation often reveals that the baby was not able to breathe properly in their crib or other sleep environment.

Learning about safe sleep for babies is important for all caregivers, including grandparents, other family members, babysitters, childcare providers, and anyone else who might care for them.

#### **Ready to learn more?**

**Scan the code to access additional tips as well as helpful videos.**



## **NINE STEPS FOR SAFE SLEEP**

- 1** Always place your baby to sleep on their back on a firm sleep surface.
- 2** Never dress your baby too warmly for sleep; keep room temperature comfortable for an adult.
- 3** Dress your baby in a one-piece sleeper or wearable blanket instead of loose blankets.
- 4** Share the room, not the bed. Your baby should only sleep in a crib, bassinet, or portable play yard.
- 5** Remove all soft bedding, bumpers, and toys from your baby's sleep area. Use only a tight fitted sheet.
- 6** Do not expose your baby to smoke of any kind. Remember, cigarette and other smoke can linger on clothing.
- 7** Visit your baby's pediatrician regularly and stay up-to-date on your baby's immunizations.
- 8** Breastfeed if possible. Breastfeeding lowers your baby's risk of SUID by 50%.
- 9** Offer a pacifier when putting your baby to sleep. If breastfeeding, offer a pacifier after one month.



Teri Heard,  
Director of Obstetrics

Our team is also here for you and your baby with breastfeeding expertise! Memorial has a board-certified lactation consultant who can provide continual guidance and tips. We are here to help mothers and fathers/partners understand the importance of breastfeeding and support your efforts, every step of the way! Let us know how we can help – call the Memorial Miracle Life Center at (937) 578-2329.



## **HEAR FROM OUR MOMS!**

**"This was my second C-section at Memorial and I have had two great experiences."**

**"Every nurse was very helpful and supportive of my choices and my feelings."**

**"I cannot thank the nurses enough for all they did to get me through my first delivery. Thanks to you, all my fears were eased. And we have a healthy baby!"**



## **FOLLOW THE ABC'S FOR SAFE SLEEP**

- **Alone** – baby sleeps alone, without other objects, caregivers, or siblings
- **Back** – baby sleeps on his/her back
- **Crib** – baby sleeps in his/her own sleeping space, such as a crib or a bassinet



# Our Patients Say It Best!

At Memorial, we work every day to operate at the next level of care and efficiency for the people who come to us for their health and wellness needs. Our service lines are growing, expert providers continue to join our ranks, and partnerships with elite organizations, such as The Ohio State University Wexner Medical Center, are elevating the level of expertise available locally to those that entrust us with their care.

Hearing directly from our patients and families across the region helps our teams feel and understand their impact every day – check out a few words, directly from our patients!



In January 2022, I began receiving personal training from Grant Smith at Memorial Physical Therapy & Sports Medicine | City Gate, after years of hip pain. During later sessions, Grant reviewed my past x-rays from previous providers, quickly noticing some discrepancies. His foresight enabled an order for a new set of x-rays and an MRI, which led to an ablation of the L5-S1 nerves that were causing the chronic pain. After over eight years of suffering, I am now finally pain-free because of Grant's expertise and his dedication to his patient's wellbeing.

Thank you,

Robert Duncan, Marysville



Being a designer myself, I am all praise for the way the lab is designed. From registration to minimal wait time and "where I am in line" through the screen on the wall are all part of a great experience. Keep it up! There were no complaints. Staff was attentive and friendly! Clean facility! Well thought out entire experience! Thumbs up!



- The experience was positive. Yours is one of the best ERs I have ever been treated at.
- I trust Memorial for my family's care. Great job!
- Excellent overall for the Imaging area. The staff was very friendly and helpful. The tech took his time, as I'm claustrophobic and he eased my mind.
- I am so glad we have such a great hospital in our town & the great doctors, nurses & staff. So much improvement has been made & I feel comfortable that my needs can be met here rather than going to Columbus. Thank you.
- Best hospital we've ever been in. ...I'd give a "20."
- One of the easiest mammograms that I've ever had.



## Memorial Medical Group

From January to December 2022, patients from Memorial Medical Group returned over 6,000 surveys – here is a quick snapshot of those results:

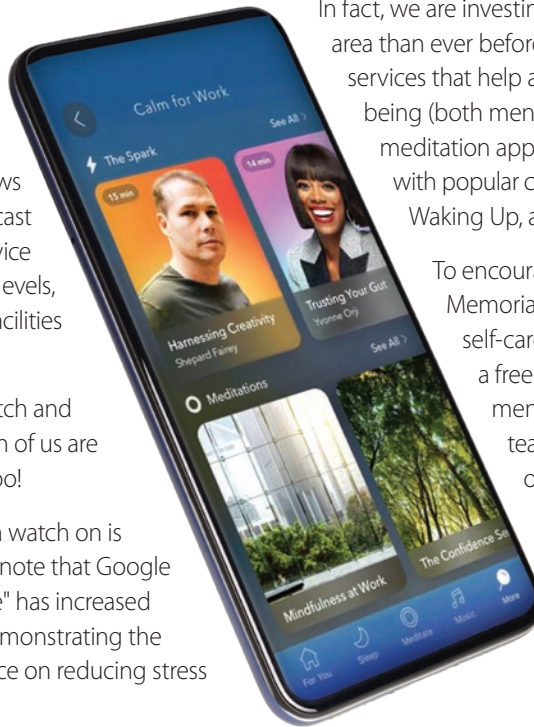
- 94% would recommend their provider
- 97% say their provider shows respect for what they say
- 92% feel the wait time is acceptable
- 96% feel the staff works well together to care for them

# Health Trends for 2023

Keeping our finger on the pulse of national and regional health trends is certainly imperative for our organization. Doing so allows our teams to plan and forecast for new and expanded service lines, provider and staffing levels, in addition to convenient facilities for our patients' needs.

But it also important to watch and understand – because each of us are consumers of healthcare too!

One area Memorial keeps a watch on is self-care. It is interesting to note that Google search growth for "self-care" has increased by 100% over five years, demonstrating the importance Americans place on reducing stress and anxiety.



In fact, we are investing more time and money in this area than ever before, including using products and services that help achieve the overall goal of well-being (both mental and physical). For example, meditation apps have been on a tear recently – with popular choices including Calm, Headspace, Waking Up, and Ten Percent Happier.

To encourage our 1,000+ employees across Memorial Health to focus on their own self-care, we gifted each employee with a free subscription to the Calm app. The mental health focused app helps to teach a calming mindset to people of all ages and backgrounds to bring about relaxation and anxiety relief. Nearly 45% of our employees actively utilize this resource to help them rest, recover, and grow in today's modern world.

Memorial Employee  
Usage of Calm App

**2,145**  
meditations completed

**3,439**  
Sleep Stories completed

Soundscapes like "Rain on Leaves" and "Thunderstorm" are popular to help staff get a good night's sleep.

## Words from our team!

"Love this app. I use it after every shift to help reduce stress and almost every night to go to sleep. It has been a huge benefit that I hope continues."

"It relaxes me when I am stressed."

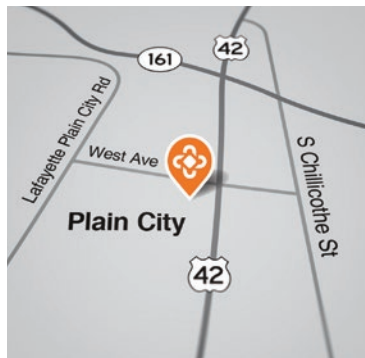
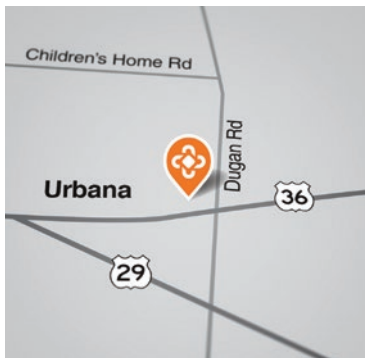
"Since the start of COVID, I could not fall asleep at night. Now that I have the Calm app, I am able to fall asleep within minutes. The calming Sleep Stories and music have changed my life. I feel better and can do my job better. Thank you, Memorial!"

## Additional Top Health Trends for 2023

- **Rise of medical robotic use – DID YOU KNOW?** Memorial utilizes a state-of-the-art robotic surgical assistant (known as ROSA) to aid our specially trained surgeon during joint replacement surgeries.
- Probiotics and prebiotics go mainstream
- Use of health wearables expands
- Continued focus on mental health offerings

# What's New

## Responding to Regional Needs



As one of the fastest growing areas in the state, our region has a continual influx of new and expanding businesses. Memorial is proud to partner with companies across our region, offering Occupational Health services at three locations (see above).

Locally, the Memorial Occupational Health team provides quality workforce healthcare for businesses, large and small. We understand employees are the very backbone of a company, and we can deliver expert medical evaluation and treatment needed to keep them healthy and strong.

### And, our team is growing too!

**J. Todd Davis, MD**, sees patients at our Plain City location. He is board-certified in Family Medicine and has nearly 20 years of experience in the medical field. He completed his Medical Doctorate at The Ohio State University and his Family Medicine Residency and Internship at Scottsdale Healthcare.



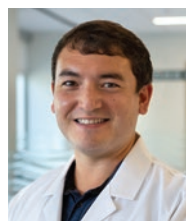
J. Todd Davis, MD

For many years, Dr. Davis has focused his care on collegiate and professional athletes. He helped create the first sports medicine fellowship at Arizona State University and later became team physician for ASU women's soccer and men's wrestling. He also served as team physician for the Arizona Diamondbacks

from 2006 to 2012 and has been a sports medicine consultant for Major League Baseball umpires.

Dr. Davis is married to Becky and has two sons. In his spare time, he enjoys exercising, cooking, and learning to become an amateur brew master.

**Sean Ono Gill, FNP-C, RN**, recently joined to provide Occupational Health services in Marysville. He has a Master of Science in Nursing and a Bachelor of Science in Biochemistry from The Ohio State University. Sean is fluent in English and Japanese, bringing strong communication skills and a dual cultural perspective to his patients.



Sean Ono Gill,  
FNP-C, RN

He is married to Sarah, an ER nurse. Together, they have four dogs and two cats. In his spare time, Sean enjoys running and boxing, as well as playing piano.

**Welcome to Memorial, Dr. Davis and Sean!**

メモリアル病院へようこそ、デービス先生とギル先生!

To learn more about Memorial Occupational Health, contact the team at (937) 578-2417 or [ohcmail@memorialohio.com](mailto:ohcmail@memorialohio.com).



# Welcome, Dr. Lisa Kearns!



Lisa Kearns, MD, MS

**Lisa Kearns, MD, MS**, has joined Memorial Internal Medicine (660 London Avenue, Marysville). Dr. Kearns focuses on helping patients remain healthy throughout their lives by providing excellent preventive health

care, assisting with acute illnesses and injuries that occur from day to day, as well as managing their chronic health conditions.

Board-certified in Internal Medicine, Dr. Kearns has been practicing in Central Ohio since 2014, serving both primary care and internal medicine patients. She has earned many academic honors and professional achievements, and is a Fellow of the American College of Physicians. She completed her fellowship in Clinical Medical Ethics and MERITS at the University of Chicago and her residency in Internal Medicine at Summa Health System (Akron). Dr. Kearns graduated from Northeast Ohio Medical University, has a Master of Science from the University of Chicago, and a Bachelor of Science in Health Sciences from Youngstown State University.

Dr. Kearns and her husband, Lance, have two young children. Together, they enjoy spending time outdoors, with a love of visiting state parks.

# Plans for New Primary Care Practice

We've spent years building a remarkable team of physicians and providers. Clinical experts who combine the best current medical science together with personal connections, leading to the very best care. Our services are reaching further in the region with convenient locations and expanded hours.

Now, we are proud to announce a new practice will be added to the region at the Le Herron Wellness Center. **Memorial Primary Care | Scottslawn** will open in Winter 2023 with Kimberly Thorley, APRN, FNP-C, serving patient needs. Check our social media or website for more details.



## CELEBRATING OUR TEAMS!



Five-star quality rating in patient care by the Centers for Medicare & Medicaid Services (CMS)



Auditor of State Award for the tenth year



23 physicians of the Memorial Hospital Medical Staff recognized as "Top Doctors"



Nine straight "A's" with the Fall 2022 Leapfrog Hospital Safety Grade

# JOIN OUR NURSING FAMILY

- Benefits at 48 hours per pay
- Sign-on bonuses
- Safe staffing levels
- Award-winning care

[MEMORIALOHIO.COM/NURSE](https://MEMORIALOHIO.COM/NURSE)

