
COLONOSCOPY

SUFLAVE® Bowel Prep Instructions

SUFLAVE is a split-dose (2-day) regimen. A total of 2 bottles are required for complete preparation. You will take 2 bottles of liquid in 2 separate doses.
1 dose of SUFLAVE = 1 bottle + 1 flavor-enhancing packet.

Dose 1 – The Night Before Your Procedure

Step 1 At 5pm, open 1 flavor-enhancing packet and pour the contents into 1 bottle.

Step 2 Fill the provided bottle with lukewarm water up to the fill line. After capping the bottle, gently shake the bottle until all powder has mixed well and dissolved.

For best taste, refrigerate the solution for an hour before drinking. Do not freeze. Use within 24 hours.

Step 3 Drink 8oz of solution every 15 minutes until the bottle is empty.

Step 4 Drink an additional 16oz of water before going to bed.

IMPORTANT: If nausea, bloating, or abdominal cramping occurs, pause or slow the rate of drinking the solution and additional water until symptoms diminish.

Dose 2 – The Day of Your Procedure

Step 1 At 4am, repeat steps 1 through 3 like above, with Dose 2.

Step 2 Drink an additional 16oz of water during the morning.

IMPORTANT: Do not drink for the last 2 hours before your procedure in order to be eligible to receive anesthesia.

IMPORTANT: If you are diabetic, please check your blood sugar level before arriving.



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