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COLONOSCOPY

# SUPREP® Bowel Prep Instructions

SUPREP is a split-dose (2-day) regimen.  
Both 6oz bottles are required for complete preparation.

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## Dose 1 – The Night Before Your Procedure

You must complete steps 1 through 4 using 1 bottle (6oz) before going to bed:

**Step 1** At 5pm, pour 1 bottle (6oz) of SUPREP liquid into the mixing container.

**Step 2** Add cool drinking water to the 16oz line on the container and mix.

*NOTE: Dilute the solution concentrate as directed prior to use.*

**Step 3** Drink ALL the liquid in the container.

**Step 4** You must drink 2 more 16oz containers of water over the next hour.

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## Dose 2 – The Day of Your Procedure

**Step 1** At 4am, repeat steps 1 through 4 like above, with Dose 2.

**IMPORTANT:** Do not drink for the last 2 hours before your procedure in order to be eligible to receive anesthesia.

**IMPORTANT:** If you are diabetic, please check your blood sugar level before arriving.



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