

A PUBLICATION BROUGHT TO YOU BY MEMORIAL HEALTH

wellaware

SUMMER 2026

EXPANDING CARE:
INSIDE THE MEMORIAL
JEROME MEDICAL CENTER

ASK A DOC:
GUT HEALTH

THE FACES OF
ORTHOPEDIC EXCELLENCE

 **Memorial** HEALTH

HEALTHCARE HEADLINES



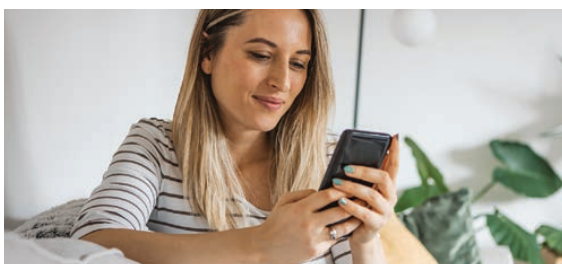
#BreakingGround

Memorial is slated to break ground on a new, state-of-the-art Emergency Department in late summer, featuring 24 treatment rooms, including specialized rooms for trauma, infection-prevention, behavioral health, and pediatrics.



Mental Health is Health – and We Have Resources!

Discover the mental health and crisis services available at memorialohio.com.



IT'S NEVER BEEN EASIER TO SEE A DOCTOR

Need a PCP? We have an expansive team of providers across the region – many of them offering same-day appointments! We want healthcare to be where, when, and how you want it.



Get Ready for Fall –
#FreeSportsPhysicals



Join our Growing Volunteer Family!
Call (937) 578-2336 to get signed up!

Urgently Need Our Urgent Care? Get In Line with Our Online Scheduling



I'M ON MY WAY
Reserve Your Spot

Use your MyChart app or scan the code to reserve your spot in our appointment queue at any of our three convenient Urgent Care locations (*Marysville, Jerome/Plain City, and Urbana*).



Having a Baby?

Get all the info you need with our Pregnancy Pelvic Health Class, covering everything from bump to beyond! Get tips on preparing your pelvic floor, tour our Miracle Life Center, and learn balancing techniques and labor positions! Offered every other month – sign up today!



Memorial EAR, NOSE & THROAT

Think of ENT for Everything – From Swimming Ear Plugs to Hearing Aids!

Our Ear, Nose, & Throat team is *hear* (see what we did there?) for you! Need swimming ear plugs for the kids for vacation? We can help! Think grandma really needs hearing aids – allow us to do a hearing screening! We have the ENT and Audiology experts for your family!



Summer

2026



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Milestone celebrated! On April 15, our Senior Leadership team, Board of Directors, County Commissioners, service line directors, and project partners gathered to celebrate the opening of the Memorial Jerome Medical Center. Designed to meet the growing healthcare needs of our region, this state-of-the-art facility is home to a wide range of high-demand services. Turn to pages 4–7 to learn more about what's now available close to home.

On the Cover >>

In April of this year, Memorial proudly opened its doors to the new Jerome Medical Center, expanding care to patients and families of the region.

Our mission is to promote wellness and improve the health of people in our community.



☎ 937 644 6115 | 800 686 4677
 🌐 memorialohio.com
 📍 500 London Ave., Marysville, OH 43040

Chip Hubbs, CEO; **Spence Fisher**, President;
Doug Loudenslager, Chair, Board of Trustees

Editorial Team: **Robin Coffey**, **Evie Collins**,
Jason Hollback, **Stefan Minnig**,
Grace Richardson, and **Melanie Ziegler**

Expanding Care.

Welcome to our Memorial Jerome Medical Center! Designed with our patients in mind, our newest facility offers you even more options to choose expert medical specialists for your healthcare needs, together with a state-of-the-art urgent care center featuring expanded hours. Let's take a look inside!



QUICK FACTS



Memorial Jerome Medical Center
11850 Sycamore Trace
Plain City, OH 43064



40,000-square-foot medical center



First Floor: Registration, Imaging, Laboratory Services, Therapy & Rehabilitation, Urgent Care, Occupational Health

Second Floor: Registration, Primary Care, Specialty Care Practices

Memorial Primary Care | Jerome

- Accepting new patients!
- Comprehensive, patient-centered medicine, built on trust, compassion, and a genuine partnership between doctor and patient.
- Open Monday through Friday, with early 7am first appointments.
- On-site labs and imaging, with referrals available to on-site specialists such as orthopedic surgeons, neurologists, general surgeons, and urologists.
- **614 881 3490**

Care Team:



Megan
McBride, DO



Benjamin Rose, DO
Starting September 2026

Additional Primary Care

- Kevin Henzel, MD, also offers office hours at this location with his MDVIP-affiliated, members-only practice.
- **937 578 4288**



Kevin
Henzel, MD

Memorial Urgent Care

- Offers convenient, affordable care for the entire family when non-emergency medical attention is needed.
- Accepts both walk-in appointments and online scheduling.
- On-site testing and imaging are available.
- Convenient Hours:
Monday–Friday: 9am–9pm
Saturday & Sunday: 9am–6pm
- **614 881 3473**

Imaging

- On-site imaging featuring X-ray, 3D mammography, ultrasound, and bone density DXA.
- Hours are Monday through Friday, 8am to 4pm.
- **614 881 3506**

Laboratory

- A wide variety of laboratory tests are available, ranging from cholesterol and blood sugar to DNA testing for infectious disease or medical conditions.
- Hours are Monday through Friday, 7am to 3:30pm, with lunch closure from noon until 12:30pm. Walk-in appointments are available.
- **614 881 3506**

Memorial Orthopedics

- Orthopedic care for all ages with expert evaluation, diagnosis, and treatment of injuries, joint and spine conditions, and sports-related issues, plus advanced therapies like minimally invasive surgery and regenerative medicine.
- **937 578 4200**

Care Team:



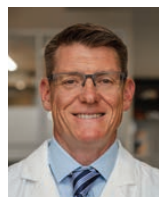
Zyllyftar "Tali"
Gorica, MD



Ryan
Hunt, DO



Chris
Karas, MD, ABNS



Timothy
Lynch, DO, FAOA



Forrest
Schwartz, MD



Ryan
Wagner, MD

Memorial Therapy & Rehabilitation

- Comprehensive therapy, rehabilitation, and sports medicine services offering physical, neurological, pelvic, and orthopedic therapy, plus athletic training and injury recovery for all ages.
- Maintains a strong partnership with the team upstairs at Memorial Orthopedics, allowing patients to benefit from individualized, comprehensive care.
- **614 881 3465**

Turn the page for even more! ►

Memorial Ear, Nose & Throat

- ENT care for all ages, including sinus, ear, throat, and sleep issues.
- Audiology services for all ages with testing, hearing aids, and additional services.
- **937 578 4300**

Care Team:



Benjamin Bush, MD



Karen S. Smith, PA-C



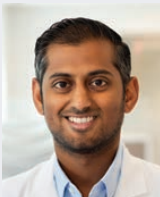
Eryn Staats, AuD



Gretchen Waggoner, AuD

Memorial General & Colorectal Surgery

- General and colorectal surgery with minimally invasive techniques, including GI procedures, colonoscopies, breast care, hernia repair, and cancer treatment.
- **937 578 2650**



Chait Vadlamudi, MD, MBA

Memorial Neurology

- Adult neurology care for brain, spine, and nerve disorders, including headaches, seizures, stroke, dementia, and movement conditions.
- **937 578 2020**



Monica V. Tejani, DO



Memorial Occupational Health

- Occupational health services for businesses, offering physicals (including DOT), screenings, immunizations, injury care, testing, and return-to-work support with onsite imaging and claims management.
- **614 881 3489**



Todd Davis, MD

Memorial Oncology & Hematology

- Leading-edge oncology and hematology care to patients in our region.
- Member of The James Cancer Network.
- **937 578 2020**

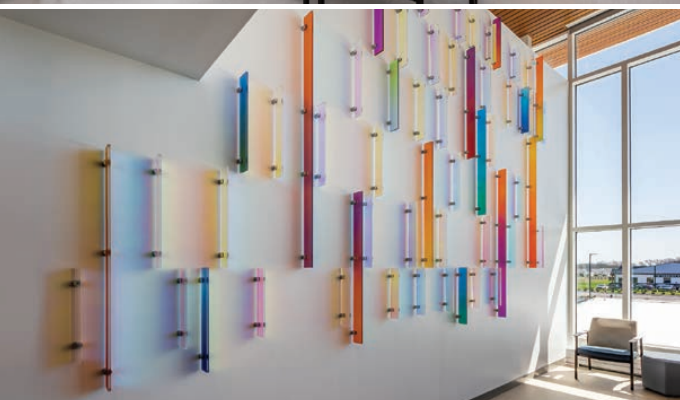
Care Team:



Parthib Das, MD



Olivia LeMaster, CNP



HEAR FROM OUR PATIENTS



Patients who received care at the Memorial Jerome Medical Center – including urgent care, laboratory, imaging, and specialty services – report a highly positive experience.

95% of patients would recommend our services.

**Based on Press Ganey scores received April through June 2026.*

Memorial Pain Solutions

- Comprehensive pain management for neck, back, nerve, arthritis, and chronic post-surgical pain with personalized treatment options.
- **937 578 4580**

Care Team:



Amish
Patel, DO



Charlene
Shuler, CNP

Memorial Rheumatology

- Care for inflammatory, autoimmune, and musculoskeletal conditions, with expert diagnosis and early treatment to relieve pain and protect mobility.
- **937 578 2020**



Ritu
Madan, DO

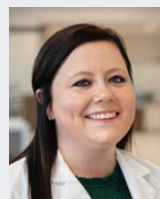
Memorial Sleep Medicine

- Sleep medicine services for diagnosing and treating sleep disorders, including advanced options like Inspire® Therapy for sleep apnea.
- **937 578 2020**

Care Team:



Logan
Dalal, MD

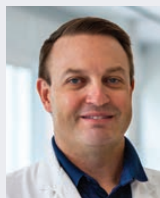


Brittan
Caplin, CNP

Memorial Urology

- Urologic care for urinary, kidney, and men's health issues, including infections, stones, prostate conditions, and cancer.
- **937 578 2626**

Care Team:



Michael
Jordan, DO



Elizabeth
Snajdar, DO

WE LOOK FORWARD TO SERVING YOU!

MASTERING THE COMEBACK

If you're experiencing a setback, we want to support you in your comeback! We've got you covered across the entire musculoskeletal system – treating elbow, hand and wrist, shoulder, spine, hip, knee, and foot and ankle injuries. Let's work together to identify the cause of your pain, treat it, and get you back to your active lifestyle!



Meet Your Orthopedic Experts

Orthopedic Surgeons



Zylyftar "Tali" Gorica, MD

★★★★★ 4.9 Stars (Google Reviews)

- Harvard-trained orthopedic surgeon.
- Specializes in shoulder replacement, as well as advanced arthroscopic and open treatments of the shoulder and knee including tendon and meniscus repair, ligament and cartilage reconstruction, and joint stabilization.
- Trained in sports medicine with experience treating collegiate and professional athletes.*

*Previous experience treating: New England Patriots, Boston Red Sox, Boston Bruins, Boston College University, Harvard University, and William & Mary College.

“Patients Say”

“Dr. Gorica was very nice and all ears when I met with him. He thoroughly explained his findings and discussed treatment options with me (wasn't dismissive of my concerns either).”

“He took really good care of me before, during, and after reverse shoulder surgery. He is thorough in his practice and pleasant to see.”

“Dr. Gorica is very thoughtful, knowledgeable, and pleasant. He always explains in detail what he does and his expectations of me.”

Timothy Lynch, DO, FAOAO

★★★★★ 4.9 Stars (Press Ganey)

- Cleveland Clinic-trained orthopedic surgeon with over 20 years of surgical orthopedic experience – named a Fellow of the American Osteopathic Academy of Orthopedics (AOAO), as well as the American Academy of Orthopaedic Surgeons (AAOS).
- Specializes in joint preservation, ligament reconstruction, and minimally invasive arthroscopic procedures, focusing on the knee and shoulder.
- Fellowship-trained in sports medicine with experience treating collegiate and professional athletes.*

**Previous experience treating: Cincinnati Bengals, University of Cincinnati athletes, and providing medical coverage for the Revolution 3 Triathlon.*

“Patients Say”

“I see Dr. Lynch for painful knees due to arthritis. I receive injections periodically when needed for this. He is always very empathetic, discusses treatment options, and is tender and careful when administering the injections. I get good relief from this treatment and feel very ‘heard’ by him.”

“I was thoroughly impressed by Dr. Lynch. He spent a lot of time with us explaining what was going on and the treatment options. He was kind and courteous. I am so blessed to have him as my surgeon.”

“Dr. Lynch is knowledgeable, listened to my concerns, and ensured understanding. I am pleased with the direction of my treatment.”



Forrest Schwartz, MD

★★★★★ 4.9 Stars (Press Ganey)

- Harvard-trained orthopedic surgeon.
- Fellowship-trained in the treatment of complex hip and knee replacements and revision surgeries.
- Offers modern surgical techniques, like robotic-assisted joint replacements, tourniquet-free knee replacements, and anterior approach hip replacements – allowing many patients to go home the same day as their surgery.

“Patients Say”

“Dr. Schwartz was wonderful. I have never had a doctor spend so much time with me. He fully answered all of my questions about a knee replacement. I will definitely have him do the surgery when I feel it is time to have it done!”

“Dr. Schwartz was amazing. He put me at ease, discussed what was going to happen in surgery (total knee replacement), and what I could expect during my recovery. Even my incision scar is minimal.”

“I cannot say enough good things about Dr. Schwartz and his entire team. I was in extreme pain and walking with a walker before the surgery. This surgery was an answered prayer.”



Neurosurgeon



Chris Karas, MD, ABNS

★★★★★ 4.9 Stars (Press Ganey)

- Highly regarded neurosurgeon with over 15 years of experience.
- Brings experience from the Cleveland Clinic, where he practiced prior to joining Memorial. Fellowship-trained at The Ohio State University.
- Specializes in minimally invasive spine surgery – treating conditions like osteoarthritis, degenerative disc disease, spinal stenosis, herniated discs, spinal fractures, and spinal cord injuries.

“Patients Say”

“I have never had a surgeon take the amount of time and explain things in such an understandable and complete way as Dr. Karas did. Professional, compassionate, and down to earth.”

“Dr. Karas was exceptional and very compassionate. I appreciated his effort to visually show me what happened and is happening with my back, I was also able to see the stimulator. I felt perhaps there is some hope for pain relief and return to a better quality of life.”

“Dr. Karas defined a problem 15 other doctors did NOT diagnose!”

Sports Medicine Physicians

Ryan Hunt, DO

★★★★★ 4.9 Stars (Press Ganey)

- Sports medicine physician and Memorial Sports Medicine Physician Director who specializes in non-surgical treatments for athletes and active individuals.
- Provides regenerative medicine treatments like platelet-rich plasma (PRP), hyaluronic acid (HA), and tenotomy.
- Former collegiate athlete with local roots and Ohio-based medical training.

“Patients Say”

“Dr. Hunt is always friendly and efficient, as well as kind and compassionate. The knee injections he administered were effective and provided immediate relief. The successful injections have provided great relief as I work on cleaning out our basement, standing for long periods, and moving up and down stairs.”

“Dr. Hunt and his staff were fantastic from beginning to end; from scheduling my initial appointment quickly, x-rays, and follow-up appointment. Dr. Hunt was thorough and professional. It eased my mind to know I'm in good hands!”

“Dr. Hunt listened to what I had to say. He knew what he was talking about and was great at explaining it. I felt like I had hope!”





Ryan Wagner, MD

★★★★★ 4.9 Stars (Press Ganey)

- Sports medicine physician providing specialized care for athletes, active people, and those who want to be more active.
- Provides regenerative medicine treatments like platelet-rich plasma (PRP), hyaluronic acid (HA), and tenotomy.
- Former collegiate athlete and a multi-sport, multi-level, all-ages coach.

“Patients Say”

“Dr. Wagner is the best. He always addresses my concerns, and provides some sort of solution or treatment plan. I drive over an hour to see him and will continue to do so. Well worth the drive.”

“Dr. Wagner is absolutely amazing. His holistic viewpoint about health and wellness is refreshing. He spends time and I can tell he cares so much about my overall wellbeing.”

“We were very impressed with Dr. Wagner and his knowledge of my husband's problem. We left having an understanding that we never had before.”

Team Physicians

Our orthopedic physicians support our Memorial Sports Medicine team in caring for local athletes through our partnerships with seven local schools.

- Dr. Hunt serves as Team Physician for Jonathan Alder, Mechanicsburg, Triad, and West Liberty-Salem.
- Dr. Wagner serves as Team Physician for Fairbanks, Marysville, and North Union.

Comprehensive Care Team

Joining our orthopedic physicians are providers (left to right):

- **Stephanie Burkart, CNP**
- **Rachel Patton, PA-C**
- **Krystal Foley, PA-C, CAQ-OS**

who help deliver comprehensive, patient-centered, orthopedic care.



From sprains, strains, and sports injuries to repetitive motion stress and trauma, our all-star team of orthopedic providers stands ready to help you! Don't let pain keep you down – schedule an appointment with Memorial Orthopedics by calling (937) 578-4200.

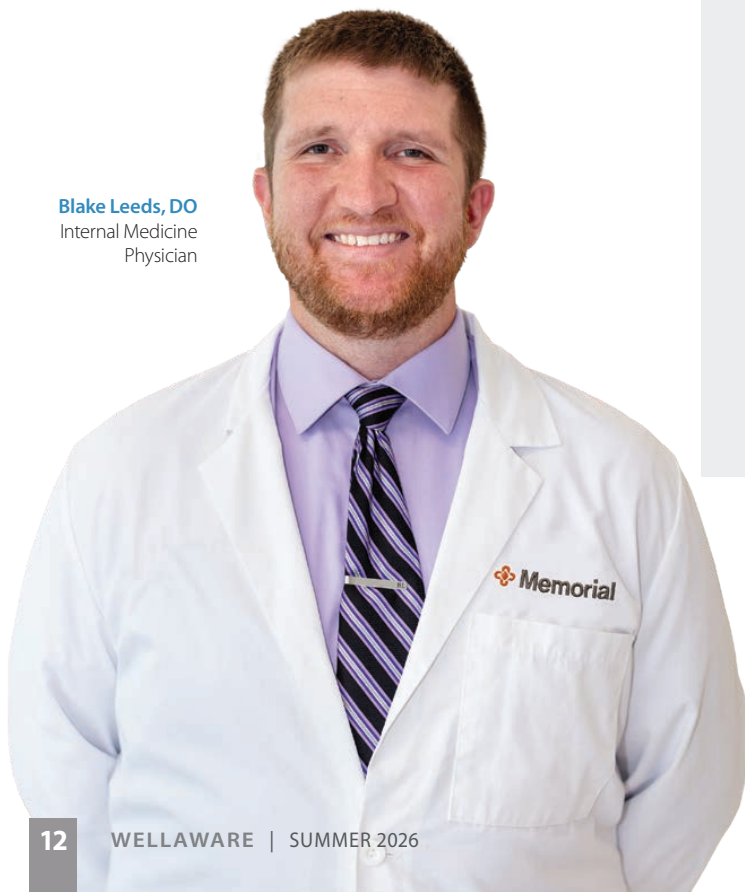
Ask a Doc

Blake Leeds, DO, provides patient-focused preventive care for patients of all ages. With a particular interest in gastrointestinal health, he can evaluate and manage conditions like functional abdominal pain and irritable bowel syndrome (IBS). Dr. Leeds understands how significantly digestive issues can affect a person's quality of life, and he partners with patients to create personalized care plans that address both physical and emotional aspects of their condition.

 **Memorial** INTERNAL MEDICINE

937 642 1550

Blake Leeds, DO
Internal Medicine
Physician



Q

How do I know if my gut is healthy or unhealthy?

A: Dr. Leeds – Oftentimes, the sign of a healthy gut is simply not noticing it. When digestion isn't disrupting your day-to-day, chances are, things are working as they should.

But, when your gut is out of balance, it often shows up in ways that are hard to ignore – frustrating, disruptive, and uncomfortable. If you consider yourself to have a “sensitive stomach,” find yourself focusing on how frequently or infrequently you're having bowel movements, or plan your day around your digestion, your gut may be trying to tell you something.

Signs your gut may be unhealthy:

- Bloating and cramping
- Constipation
- Diarrhea
- Digestive issues
- Food intolerances
- Frequent upset stomach
- Frequently passing gas
- Inconsistent bowel movements
- Low energy
- Mood changes
- Occasional brain fog
- Pain in your lower abdomen

The “Ask a Doc” section should not replace medical advice specific to you and your unique medical history. If you have a pressing matter you would like addressed, please consult your primary care physician.

Q I've really cleaned up my diet, but I'm still dealing with gut problems. What am I missing?

A: Dr. Leeds – There is no harm in a healthier diet – and it's a great starting point. However, everyone's gut is different, so what works for other people may not be your solution. Your path to gut health should be built based on your unique journey with gut struggles.

The gut is more complex than we often realize. Yes, it's connected to our digestive system, but also to our immune, nervous, and endocrine systems. This means the food we eat is only one piece of the puzzle. Issues like inflammation, mood or behavioral conditions, and hormone imbalances can present themselves as gut issues – and gut issues can influence these areas too. What feels like a gut problem may not be coming from your gut, so finding the right solution can take some trial and error.

Did you know?

Your gut contains the majority of your body's immune cells, it produces almost all of your serotonin, and it's your largest endocrine system organ.

Q I want to get gut-healthy and choose gut-healthy habits – where should I start?

A: Dr. Leeds – Making lifestyle changes can feel intimidating – below are my recommendations of changes you can start making today to focus on your gut health.

A gut-healthy regimen:

- Keep a **“stool diary” for two weeks** where you log your meals and how your gut responds, to identify patterns and potential triggers.
- Drink at least **100-135 ounces of water daily**.
- Eat a **fiber-rich diet** – add more veggies, whole grains, and legumes to your diet.
- Prioritize a **full eight hours of sleep** every night.
- Get at least **2½ hours of exercise weekly**.

Q When should I stop trying to fix my gut issues on my own and see a doctor?

A: Dr. Leeds – With so many products for gut health at your fingertips, it's easy to crack open a prebiotic soda, try a fad diet backed by your favorite influencer, or fill your fridge with probiotic yogurts, greens, and supplements in hopes that they help. While they may provide temporary relief, these quick fixes aren't long-lasting solutions.

Lifestyle modifications are where you'll make real progress. If you've adjusted your hydration, fiber-intake, amount of sleep, and activity level but still aren't noticing any improvements – I recommend scheduling an appointment with your primary care provider (PCP).

Even if your symptoms feel minor, they're still worth discussing with your PCP during preventive care visits.

Q Nothing I've tried has worked. How should I move forward?

A: Dr. Leeds – When nothing is working, it can feel both frustrating and defeating – but don't throw in the towel. Work with your PCP to build a treatment plan customized for your gut by:

- Identifying what gut-related issues you are trying to address.
- Talking through things that have worked for you and things that haven't.
- Expressing any concerns you have about specific treatment options.
- Describing your current lifestyle habits.
- Providing a list of supplements you're taking or considering.

Work towards a healthier gut with Dr. Leeds by calling Memorial Internal Medicine at (937) 642-1550. Bring your stool diary, talk through potential solutions, and build a care plan that works for you – because quick fixes won't last and one-size-fits-all solutions don't exist.

New Faces at Memorial!



Angie Adams, PA-C

Welcome to Angie Adams, PA-C. Angie has nearly 20 years of experience as a Physician Assistant, with a depth of expertise across both inpatient and outpatient settings. She is a valued member of the clinical team at Memorial Urology, working alongside Dr. Michael Jordan and Dr. Elizabeth Snajdar to care for patients with urologic conditions. You can reach Memorial Urology at (937) 578-2626 to learn more.



Krystal Foley, PA-C, CAQ-OS

With more than a decade of orthopedic experience, Krystal Foley, PA-C, CAQ-OS, has joined the team at Memorial Orthopedics, and will support our orthopedic surgeons. Dedicated to patient-centered care, she helps patients reduce pain, restore mobility, and return to the activities they enjoy. Our Orthopedics team can be reached at (937) 578-4200 for more information.



Lindsey Stevenson, FNP-C

Joining our Memorial Primary Care practice in Urbana is Lindsey Stevenson, FNP-C. She is a board-certified Family Nurse Practitioner with experience in family and pediatric care. She prioritizes open, clear communication to ensure patients feel heard, understood, and confident in their healthcare decisions. She is accepting new patients – call (937) 652-1834 to schedule.

Celebrating All-Year Long!

Join us at Memorial as we celebrate and honor Chip Hubbs, CEO of Memorial Health (pictured left), on his retirement after 23 years of dedicated service and leadership. As Chip begins this well-earned new chapter, we also look ahead to the future, as Spence Fisher, President of Memorial Health (pictured right), assumes leadership responsibilities and will serve as President/CEO upon Chip's retirement.



Would you like to extend your congratulations to Chip?

Please send all retirement cards to: Memorial Health,
Attn: Chip Hubbs, 500 London Ave., Marysville, OH 43040.

News from Around Memorial

Winners, Winners!

At Memorial, our connection to the communities we serve goes far beyond healthcare – it's about building a stronger region, rooted in collaboration, camaraderie, and shared success. To celebrate the opening of our new medical center in Jerome, we invited local schools to take part in "Community Wins," a unique contest designed to bring the community together.



Brian Kern, (left), Treasurer/CFO, Dublin City Schools, accepts the donation that will be used for direct student benefit from Evie Collins of Memorial.



Evie Collins (left), Marketing Director, Memorial Health, presents the winning donation to Janel Chapman (right), Superintendent of Fairbanks Local Schools.

The school district with the highest attendance at our Community Open House would earn the \$5,000 grand prize. Congratulations to Fairbanks Local School District for taking first place! Dublin Schools earned the second-place prize of \$2,500.

Thank you to the residents, students, families, and supporters from both districts for helping us celebrate and for warmly welcoming Memorial to our new home in Jerome!

Showcasing Miracles

It is said, "A mother is always the beginning. She is how things begin."

At Memorial, we're proud to highlight our Miracle Life Center and share the experiences of mothers who choose to deliver with us in our latest video, *Your Birth Story*.

Through a guided tour of our labor and delivery spaces, the video gives expecting parents an inside look at our services while also featuring firsthand stories and reflections from former patients about their birth experiences. Not to mention, cameos from our stellar Obstetrics team!

Watch. Reflect. Share. >



Delivering the Best Care

To Our Patients & Our Region!

RECENT HONORS



By Centers for Medicare & Medicaid Services Hospital Compare



BECKER'S
HOSPITAL REVIEW
Great Community Hospitals

BECKER'S
HOSPITAL REVIEW
Top Recommended Hospitals in Ohio

BECKER'S
HOSPITAL REVIEW
Top Hospitals for Nurse Communication

"A" Grade from Leapfrog Hospital Safety Grade